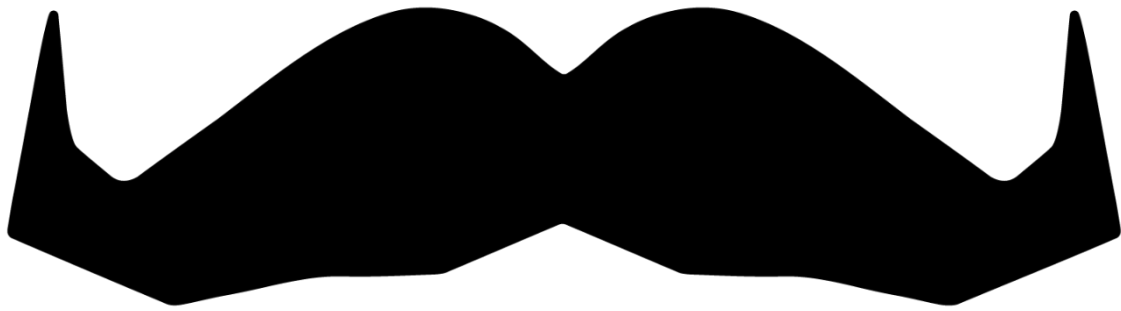




# MOVEMBER®

We're raising funds and awareness this Movember for all the dads, brothers, sons and mates in our lives. We need your help. Please donate to support men's health.



Visit our Movember page for all our Mo-ing updates

<https://movember.com/t/padstow-harbour-crew-phc?mc=1>

Scan the QR code and help us reach our target.

